



This four-hour educational program by the Family Life Council Division offers important tips on how to effectively co-parent after a parental break up, whether separated, divorced or never married. Special attention is paid to understanding children's reactions and emotional needs. Also discussed are steps parents can take to reduce conflict and build more positive communication to protect their child's wellbeing. Each program is co-presented by a family law attorney and a mental health professional. This program is also appropriate for grandparents and stepparents.

2011 Locations and Dates

**** PROGRAM FEES ARE \$40 per person – must be paid upon registration**
You may attend in ANY of the three counties listed.**

www.flcgso.com

RANDOLPH COUNTY

Randolph County Community College
Room AE 104

MOORE COUNTY

Moore County AG Building
707 Pinehurst Avenue, Carthage, 28327
****location subject to change****

Saturday, July 16, 2011 – 8:30am – 12:30pm

Saturday, August 20, 2011 - 8:30am – 12:30pm

Saturday, September 17, 2011 - 8:30am – 12:30pm

Saturday, October 15, 2011 - 8:30am – 12:30pm

GUILFORD COUNTY

Thursdays, July 14 & 21, 2011 – 7:00 – 9:00pm

Saturday, September 10, 2011 – 8:30am – 12:30pm

Saturday, August 6, 2011 - 8:30am – 12:30pm

Thursdays, September 15 & 22, 2011 - 7:00 – 9:00pm

Thursdays, August 18 & 25, 2011 - 7:00 – 9:00pm

Saturday, October 1, 2011 - 8:30am – 12:30pm

Pre-Registration is required

To register by mail: Fill out form below & mail it with payment of \$40 check or money order at least 10 days before the class (\$20 returned check fee and \$10 cancellation fee). Mail your form to: Family Life Council, 301 E. Washington Street, Suite 204, Greensboro, NC, 27401

To register with a credit card (Visa, Mastercard, Discover & American Express), you must call the office: (336) 333-6890 x221

Cancellation/Refund Policy: Cancellations must be made 24 hours prior to class or fee is forfeited.

Detach here -----

Parenting Under Two Roofs© Registration

Name: _____

Address: _____ City/State: _____ Zip: _____

Email address: _____

Phone Number (Day): _____ (Evening): _____

Which class are you registering for? Choice #1: _____ Choice #2: _____

Other Parent's Name (Our policy is that separated/divorced parents cannot attend on the same dates): _____

Registration will be taken on a first come, first served basis. Class size is limited to 22 people.

Total enclosed (\$40 per person): _____



Family Life Council
301 E. Washington Street, Suite 204
Greensboro, NC 27401



Parenting Under Two Roofs©

Frequently Asked Questions about the Program

Is this program for children?

No, adults attend *Parenting Under Two Roofs*© (PUTR) to learn more about how to best support children.

Who should attend?

Parents, grandparents, stepparents...really, any adult who is concerned about a child whose parents are separated or divorced. This class is designed to give adults the tools necessary to help the child or children they care about.

Should we come if we were never married?

This program can be helpful regardless of your marital status. From a child's point of view, most of the challenges of separation are the same whether parents were married or not.

Should I attend with my child's other parent?

No. We have found, after years of experience, that the program is much more useful if separating/divorcing parents attend separate sessions. You will find you have more freedom to speak up or ask questions important to you. During registration, all possible precautions are taken to ensure that parents attend separate sessions.

We aren't divorced yet, should I still attend? Or when should I attend?

The earlier in the process you attend, the more you and your children will benefit. A frequent comment we hear from participants is that they wish they had attended the workshop earlier. Many participants have been divorced for years also find the program useful for offering tips on how to deal with their children's changing development and new situations that co-parents face. There is no point at which it is too late.

Why should I come?

Children are affected tremendously by the actions that parents take before, during and after separation as well as how to manage the conflicts that result. Equipped with information from the workshop, parents can take many proactive steps to help their children to shield them from conflict and help them better adjust. About 98% of participants say the program was helpful.

Who are the presenters?

Each workshop is co-presented by an attorney and a mental health professional with experience working with families and/or children in transition.

How much does it cost?

The entire four-hour workshop is \$40.00 (\$20 return check fee) payable upon registration.

If I cancel, can I get a refund?

A \$10 administrative fee will be deducted from all refunds for those canceling with at least 24 hours notice. Fee is forfeited when cancellations are made with less than 24 hours notice or for no-shows.

How do I register?

- 1) You may download a registration form and a schedule of classes at the Family Life Council website: www.flcgso.com
- 2) Send the **completed** registration form (include the name of your child's other parent so we can schedule you separately) with a check or money order for \$40 to: Family Life Council, 301 E. Washington Street, Suite 204, Greensboro, NC 27401
- 3) If you want to register by credit card **you must call** Karen Sellars at: (336) 333-6890 ext. 221. If you have additional questions, please contact Karen by phone or by email: ksellars@chsnc.org

****YOU ARE AUTOMATICALLY REGISTERED FOR YOUR FIRST CHOICE UNLESS YOU RECEIVE A PHONE CALL SAYING OTHERWISE. You will receive a reminder postcard at least 5 days before your class starts.**

**** WEATHER ADVISORY POLICY ****

If there is a severe weather advisory in effect please call the office at 336/333-6890 ext. 221 or "0" for a recorded message about whether a class has been cancelled.