

Parenting Children of **DIVORCE**

A divorce education program by the Family Life Council for parents who are separated or divorced.
Also appropriate for grandparents and stepparents.

This four-hour program focuses on how children are affected by their parents' separation or divorce and what the adults around them can do to help them cope. Special attention is paid to reducing conflict and increasing positive communication within the family. Each program is presented by an attorney and a mental health professional.

CHOOSE THE TWO THURSDAY NIGHT SESSIONS OR ONE SATURDAY MORNING SESSION

**** PROGRAM FEES ARE \$40 per person ****

CLASSES HELD IN GREENSBORO

<u>Saturday, January 9, 2010 – 8:30am – 12:30pm</u>	<u>Thursdays, March 18 & 25, 2010 - 7:00 – 9:00pm</u>
<u>Thursdays, January 21 & 28, 2010 - 7:00 – 9:00pm</u>	<u>Saturday, April 10, 2010 – 8:30am – 12:30pm</u>
<u>Saturday, February 6, 2010 – 8:30am – 12:30pm</u>	<u>Thursdays, April 15 & 22, 2009 - 7:00 – 9:00pm</u>
<u>Thursdays, February 18 & 25, 2010 – 7:00 – 9:00pm</u>	<u>Saturday, May 1, 2010 – 8:30am – 12:30pm</u>
<u>Saturday, March 6, 2010 – 8:30am – 12:30pm</u>	<u>Thursdays, May 20 & 27, 2010 – 7:00 – 9:00pm</u>

Registration form is required

To register: Detach and mail the form to the address below along with payment of \$40 (\$20 returned check fee).
See FAQ for more information.

Payment: Cash or check/money order made payable to Family Life Council

Location: Dorothy Bardolph Human Services Building, 301 E. Washington Street, Suite 204, Greensboro, NC, 27401

Questions: See reverse or call 336/333-6890

Cancellation/Refund Policy:

Refer to FAQ page for detail information.

Parenting Children of Divorce Registration (Cancellations must be made 24 hours prior to class or fee is forfeited)

Name: _____ Employer: _____

Address: _____ City/State: _____ Zip: _____

Email address: _____

Phone Number (Day): _____ (evening) _____

Which class are you registering for? Choice #1: _____ Choice #2: _____

Other Parent's Name (Our policy is that separated/divorced parents cannot attend on the same dates): _____

(Registration will be taken on a first come, first served basis and limited to the first 22 people)

Total enclosed (\$40 per person): _____

Parenting Children of Divorce

Frequently Asked Questions About the Program

Is this program for children?

No, adults attend Parenting Children of Divorce to learn more about how to best support children.

Who should attend?

Parents, grandparents, stepparents...really, any adult who is concerned about a child who has parents who are separated or divorced. This class is designed to give adults the tools necessary to help the child or children they care about.

Should we come if we were never married?

This program can still help you and your children. From a child's point of view, most of the challenges of separation are the same whether parents were married or not.

Should I attend with my child's other parent?

No. We have found, after years of experience, that the program is much more useful if separating/divorcing parents attend separate sessions. You will find you have more freedom to speak up or ask questions important to you if you attend separately. During registration, all possible precautions are taken to ensure that parents attend separate sessions. If parents choose to attend together, we will need to verbally confirm with each party that they want to attend together.

We aren't divorced yet, should I still attend? Or When should I attend?

The earlier in the process you attend, the more you and your children will benefit. The most common comment we hear after participants finish the program is that they wish they had attended earlier. However, many participants have been divorced for many years but have found that they are still dealing with divorce related issues. There is no point at which it is too late.

Why should I come?

Children are affected tremendously by their parents' separation or divorce and there are many things that parents can do, and not do, that will help their children adjust. Every year, about 98% of participants say the program was helpful.

Who are the presenters?

Each series is presented by an attorney and a mental health professional with experience working with families and/or children in transition.

How much does it cost?

The entire four-hour series is \$40.00 (\$20 return check fee).

If I cancel can I get a refund?

A \$10 administrative fee will be deducted from all refunds for those canceling with at least 24 hours notice. Fee is forfeited when cancellations are made with less than 24 hours notice or for no shows.

How do I register?

Call the Family Life Council at 333-6890 ext. 221 or send an email to info@flcgs.com to request a registration form. Completely fill out and mail the form or bring it to the office along with payment. Please be sure to include the name of your child's other parent so we can schedule you separately (**both parents cannot attend together**). The classes fill up quickly and it is important to return the form as soon as possible.