

2007-2008 Annual Report



The *Family Life Council* is committed to preparing individuals to establish healthy relationships within their families and community through education and advocacy. As Guilford County's only agency specifically focused on family life and parent education, the *Family Life Council* provides accessible, high quality and diverse programs, resources and advocacy for today's families, educators and community agencies.

In 2007-2008, we reached a total of 11,960 individuals through 2419 sessions. A total of 4,035 individuals participated in marriage support and parenting training programs while 7,925 individuals participated in programs for teens and their parents.

Building Healthy Relationships through Parenting

Parents are a critical influence on a child's well-being and successful transition to healthy adulthood. Research indicates that all parents need support and information throughout the developmental life of their child and different types of parent training need to be easily accessible throughout the community.

Program Accomplishments

- Parenting programs reached 4,035 people in 801 sessions during 2007-2008.

Outcome Results

Parents who attend Family Life Council's research-based programs are able to create positive results in their families:

In **Good Beginnings for Teen Parents**, we served **137 teens**.

- 96% of the teen parents reported learning effective parenting and discipline techniques.
- 100% completed the school year.
- 92% delivered a full-term, healthy birth-weight baby.
- 99% did not have a repeat birth.

In **Fathers Matter**, we served **889 dads**.

- 88% reported they improved family communication by the end of the program.
- 96% reported learning effective parenting and discipline techniques.
- 60% reported already being more involved with their children by the end of the program.
- 37%, in addition to those above, reported plans to becoming more involved in the near future. (Some participants are incarcerated or have other barriers to involvement.)

In **Parenting Children of Divorce**, we served **470 parents**.

- 60% report a less hostile relationship 6 months after the program's completion.
- 86% say their children are exposed to less conflict between parents 6 months after the program.

- 49% report improved communication with their child's other parent 6 months after the program.
- 100% of couples who participated in a marriage enrichment series report improved ability to resolve conflicts in their marriage.
- 95% of individuals who participated in a marriage enrichment series feel their communication skills have improved.

In **Parenting Training Programs**, we served **2,539 parents and professionals**.

- 99% of these parents and professionals reported learning new knowledge and skill for safe and effective parenting.

Healthy marriages are the foundation for successful families and communities. Through the **Guilford County Marriage Resource Center**, a broad-based coalition of religious leaders, therapists, volunteers, and educators are working together to improve the quality of marriages and to reduce the divorce rate in Guilford County. The Center maintains a resource library of over 290 marriage education curricula, resources, and popular literature which is available for loan to individuals and groups working to strengthen marriages. 103 churches, synagogues and religious leaders have now signed the Community Marriage Covenant. 246 individuals and couples attended our programs aimed at building stronger, healthier family relationships:

For specifics on hosting a program or research on families and details about the wide variety of parent education programs we offer, details on the Community Marriage Covenant, or research on marriages and effective marriage education programs offered, visit our websites at www.flcgso.com or www.gcmarrriage.org

Building Healthy Relationships through Programs for Teens & Their Parents

Wise Guys®, a unique program developed by the Family Life Council is a nationally recognized leader in teen pregnancy programs that emphasizes male responsibility in teen pregnancy prevention. Focusing on middle and high school boys throughout the county, this program has helped to decrease the teen pregnancy rate in our community. In addition, the **Jóvenes Sabios** and **Jóvenes Sabias** teen pregnancy prevention programs are culturally appropriate programs for Spanish-speaking teens.

Sexplanations, is a program that teaches parents how to talk about values and sexuality with their children and is offered in schools, libraries, and churches.

Program Accomplishments

- Wise Guys® programs reached 7,925 people in 1,618 sessions during 2007-2008.

Outcome Results

- **1,115** teen males participated in **Wise Guys®** series in Guilford County schools and a wide variety of community sites.
- **749** Spanish-speaking teens or adults attended **Jóvenes Sabios** and **Jóvenes Sabias**.

- **327** professionals across the country attended 10 trainings for **Wise Guys®** and **Jóvenes Sabios** program replication in locations such as Newark, NJ; Wilkesboro, NC; Wilmington, DE; Baltimore, MD; Naples, FL; Greensboro, NC.
- **489** attended **Wise Guys: the Next Level** programs.
- **116** adolescents were mentored by **Wise Guys Mentors**.
- **665** parents attended **Sexplanations** programs.
- **4,464** young people attended **one time presentations**.

Parents and young people who attend Family Life Council's research-based programs create positive results in their families:

- 87% of parents/caregivers increased knowledge and communication skills in discussing sexuality with their teenagers and/or children.
- 73% of sexually active teen males, at the pre-test, increased their contraceptive use to the "every time" level by the 6-month follow-up.
- 60% of boys in **Wise Guys®** were communicating with their parents about sexuality at the pre-test, or had increased communication by the 6-month follow-up.
- 67% of boys in **Wise Guys®** maintained or showed an increase in positive sex role attitudes from pre-test to the 6-month follow-up.

For the latest news, stories, and research on the effectiveness of the **Wise Guys®** programs, visit the website at www.wiseguysnc.org.

Family Life Council
June, 2008
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2007-2008 Revenues & Expenditures

	2007/2008	2006/2007
	39,312	38,795
	16,435	16,600
	713,949	587,124
221,775	209,381	
	200	250
	62,059	64,040
	6,432	12,081
	34,261	36,477
	0	0
<u>8,000</u>	<u>8,000</u>	
	1,102,423	972,748

EXPENDITURES

	712,086	656,780
	126,331	112,503
	55,090	51,294
	35,856	17,411
Supplies	16,614	7,483
Telephone	6,787	6,950
Postage	7,974	6,769
	15,894	15,051
Equipment Maintenance/Rental	5,794	5,692
Printing & Publications	30,474	20,884
Travel	28,070	22,592
Conferences & Meetings	33,562	18,496
Membership Dues	2,420	2,310
Insurance	2,201	2,086
Awards & Grants	1,750	1,250
Miscellaneous	<u>18,195</u>	<u>21,725</u>
TOTAL	1,107,098	977,576

Grants

Grants were received from the following agencies or organizations:

Office of Family Planning
Moses Cone-Wesley Long Community Health Foundation
Guilford County Partnership for Children
YWCA of Greensboro
NC Dept. of Health & Human Services (funds for our Fatherhood program and our Wise
Guys: the Next Level program)
NC Division of Social Services
Guilford County Aids Partnership
Guilford Center
March of Dimes
The National Fatherhood Initiative.