

2006-2007 Annual Report



The *Family Life Council* is committed to preparing individuals to establish healthy relationships within their families and community through education and advocacy. As Guilford County's only agency specifically focused on family life and parent education, the *Family Life Council* provides accessible, high quality and diverse programs, resources and advocacy for today's families, educators and community agencies.

In 2006-2007, we reached a total of 9,168 individuals through 2297 sessions. A total of 4,475 individuals participated in marriage support and parenting training programs while 4,693 individuals participated in programs for teens and their parents.

Building Healthy Relationships through Parenting

Parents are a critical influence on a child's well-being and successful transition to healthy adulthood. Research indicates that all parents need support and information throughout the developmental life of their child and different types of parent training need to be easily accessible throughout the community.

Program Accomplishments

- Parenting programs reached 4,475 people in 594 sessions during 2006-2007.

Outcome Results

Parents who attend Family Life Council's research-based programs are able to create positive results in their families:

In **Good Beginnings for Teen Parents**, we served 126 teens.

- 96% of the teen parents reported using more positive discipline techniques.
- 100% completed the school year.
- 96% delivered a healthy, full-term baby.
- 99% did not have a repeat birth.

In **Fathers Matter**, we served 1000 dads.

- 99% said they learned new skills they could use with their families.
- 90% reported making more of an effort to be involved with their children.
- 63% reported positive changes in their communication with their children.
- 65% said they were now more involved with their children's education.

In **Parenting Children of Divorce**, we served 450 parents.

- 69% of the parents reported creating more business-like and less acrimonious relationships with their ex-partner.
- 84% say their children are exposed to less conflict 6 months after the program.
- 89% report a better relationship with their children.

In **Parenting Training Programs**, we served 2,899 parents and professionals. 92% of these parents and professionals reported learning new skills and information to help them effectively teach their children.

Building Healthy Relationships through Marriage Support

Healthy marriages are the foundation for successful families and communities. Through the **Guilford County Marriage Resource Center**, a broad-based coalition of religious leaders, therapists, volunteers, and educators are working together to improve the quality of marriages and to reduce the divorce rate in Guilford County. The Center maintains a resource library of over 290 marriage education curricula, resources, and popular literature which is available for loan to individuals and groups working to strengthen marriages. 103 churches, synagogues and religious leaders have now signed the Community Marriage Covenant. 283 individuals and couples attended our programs aimed at building stronger, healthier family relationships:

- 100% of couples who participated in a marriage enrichment series report improved ability to resolve conflicts in their marriage.
- 95% of individuals feel their communication skills have improved.

For specifics on hosting a program or research on families and details about the wide variety of parent education programs we offer, details on the Community Marriage Covenant, or research on marriages and effective marriage education programs offered, visit our websites at www.flcgso.com or www.gcmarrriage.org

Wise Guys®, a unique program developed by the Family Life Council is a nationally recognized leader in teen pregnancy programs that emphasizes male responsibility in teen pregnancy prevention. Focusing on middle and high school boys throughout the county, this program has helped to decrease the teen pregnancy rate in our community. In addition, the **Jóvenes Sabios** and **Jóvenes Sabias** teen pregnancy prevention programs are culturally appropriate programs for Spanish-speaking teens. **Talking with Adolescents about Sexuality**, or **Sexplanations**, is a program that teaches parents how to talk about values and sexuality with their children and is offered in schools, libraries, and churches.

Program Accomplishments

- 1,641 teen males participated in **Wise Guys®** series in Guilford County schools and a wide variety of community sites.
- 666 Spanish-speaking teens attended **Jóvenes Sabios** and **Jóvenes Sabias**.
- 329 professionals across the country attended 33 trainings for **Wise Guys®** and **Jóvenes Sabios** program replication in locations such as San Diego; Los Angeles; Syracuse, New York; Louisville, Ky; Austin Texas; Rochester, New York; Salt Lake City, Utah; Burlington, Iowa; Wyoming and Rapid City, South Dakota..
- 575 attended **Wise Guys: the Next Level** programs.
- 19 peer mentors were trained.
- 776 parents attended **Talking with Adolescents about Sexuality** programs.
- 687 young people attended one time presentations.

Outcome Results

Parents and young people who attend Family Life Council's research-based programs create positive results in their families:

- 78% of parents increased knowledge and skills in discussing sexuality with their teenagers,
- 67% of sexually active teen males who reported inconsistent condom use at pre-test reported consistent use at 6 month follow-up.
- 47% of boys in **Wise Guys®** and **Jóvenes Sabios** who reported no communication about sexuality with their parents at pre-test reported increased communication with their parents at 6 month follow-up.

For the latest news, stories, and research on the effectiveness of the **Wise Guys®** programs, visit the website at www.wisequysnc.org.

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2006-2007 Revenues & Expenditures

REVENUE	2006/2007	2005/2006
Contributions/Membership	38,795	45,341
Special Events	16,600	2,793
Grants	587,124	570,798
United Way Allocation	209,381	214,767
Scholarships	250	1,800
Program Fees	64,040	65,931
Investment Income	12,081	7,027
Sales to Public	36,477	43,065
Miscellaneous	0	0
Donated Services/Facilities	<u>8,000</u>	<u>8,000</u>
TOTAL	972,748	959,522

EXPENDITURES		
Salaries	656,780	643,260
Employee Benefits	112,503	118,267
Payroll Taxes	51,294	51,080
Professional Fees	17,411	22,405
Supplies	7,783	8,928
Telephone	6,950	8,377
Postage	6,769	12,089
Occupancy	15,051	15,051
Equipment Maintenance/Rental	5,692	6,279
Printing & Publications	20,884	23,043
Travel	22,592	20,854
Conferences & Meetings	18,496	19,821
Membership Dues	2,310	2,492
Insurance	2,086	2,174
Awards & Grants	1,250	1,125
Donated Services & Facilities	8,000	8,000
Miscellaneous	<u>21,725</u>	<u>14,995</u>
TOTAL	977,576	978,240