

Sexplanations

Parents are a child's first and foremost educators on sexuality. Schools provide information; parents provide values. Studies show that kids who feel they can talk with their parents about sex are less likely to engage in high-risk behavior as teens than kids who do not talk with their parents openly.



Contact the Family Life Council for a schedule of our local programs or to schedule workshops for your organization.



301 E. Washington Ste. 204
Greensboro, NC 27401
336-333-6890

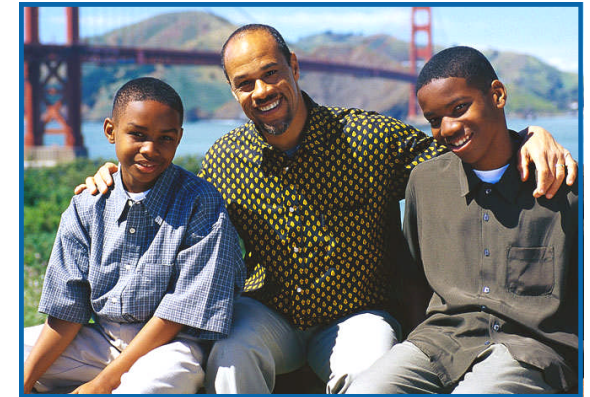
www.flcgso.com

FLC's Purpose:

As Guilford County's only agency specifically focused on family life and parent education, The Family Life Council provides accessible, high quality and diverse programs, resources, and advocacy for today's families, educators, and community agencies.



SEXPLANATIONS



TALKING WITH TEENS
ABOUT SEXUALITY
Workshops for
Parents & Caregivers

Life Skills for Today's Families

336-333-6890

www.flcgso.com

A Division Of



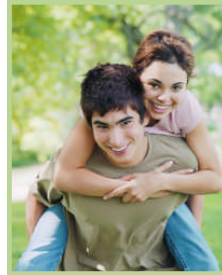
Children's Home Society
OF NORTH CAROLINA

WHAT CAN PARENTS GET OUT OF SEXPLANATIONS WORKSHOPS?



- ★ Valuable information about sexuality to assist them in educating their children.
- ★ Assistance in clarifying their attitudes and values which affect the messages and methods they use to communicate with their teens about sexuality.
- ★ Effective communication skills and parenting techniques for use with adolescents.
- ★ A general understanding of the physical, emotional, and sexual development of their teen.
- ★ Skills to effectively counteract the distorted views of sexual relationships depicted in media.
- ★ Opportunities to network and share with other parents on various aspects of parenting.

Tips for Parents



- Be open in sharing your values and concerns.
- Keep your sense of humor and don't be afraid to talk about your own discomfort.
- Relate sex to love, intimacy, caring, and respect for oneself and one's partner.
- Maintain a calm and non-critical atmosphere for discussions.
- Use words that are understandable and comfortable.
- Determine your child's level of knowledge and understanding by asking questions.
- Discuss the importance of responsibility for choices and decisions.
- Help your child to consider the pros and cons of choices.

By developing open, honest, and ongoing communication about responsibility, sex, and choices, parents can help their teens learn about sex in a healthy and positive manner.



Parent Testimonials



After the workshop, I felt better equipped to talk to my children. I think every parent should attend a series like this.

Tomeka, mother of 9 & 12 year old

I thought I had this parenting thing down pat, but when my daughter started middle school things changed. I was determined to keep the lines of communication open and this series was just what I needed to help me.

Alice, mother of a 13 year old.

Just having the opportunity to talk to other parents going through the same situations made this workshop worthwhile. I learned so much just from listening to how other parents dealt with issues of sexuality with their kids.

**Deborah,
mother of a 14 year old.**



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